



Thanksgiving & Jukai 2021

Thursday, November 18
7:00 pm

Zazen and **Ceremony of Aid**: A fast day for Zen Center residents, and others are welcome to join in. Monetary offerings collected during the ceremony are donated to Oxfam.

Sunday, November 21
8:30 am

Zazen at 8:30 followed by *Ceremony of Gratitude* in the zendo at 9:30. The Link altar will include baskets for food offerings to be donated to St. Joseph's House of Hospitality. (Non-perishable food – canned or boxed – is best, and winter clothing is also needed.) We'll have special beverages (hot chocolate, apple cider, etc.) after the ceremony.

There is also an *Extended Sitting* from 6:15 am to 3:00 pm.

Thursday, November 25
4:00 pm

Potluck vegetarian Thanksgiving dinner in the Zen Center dining room.

Friday, November 26

7:00 pm until late

No formal morning sitting. Workday begins at 8:00 am. *Can you volunteer to help set up for Temple Night?*

Temple Night: The Buddha Hall is open for informal sitting, chanting, prostrations, and other devotions. Children are invited to participate until 7:45.

Offerings and photographs of deceased relatives and friends may be put on the Memorial Altar in the Buddha Hall.

Saturday, November 27
8:30 to 10:30 am

3:00 pm

5:00 pm

Zazen and teisho (overview of the Precepts), followed by a light brunch.

Zendo open for informal sitting.

Taking the Precepts Ceremony (Jukai) in the Buddha Hall. The ceremony includes monetary donations to Sensei. Refreshments afterwards.

Sunday, November 28

Center closed.

Monday, November 29

Center re-opens in the evening with formal sitting & dokusan.