

# MINDFUL PRACTICE: ENHANCING QUALITY OF CARE QUALITY OF CARING AND RESILIENCE

October 14-17, 2015

Sponsored by:

The Department of Family Medicine - Mindful Practice Programs

Hosted by:

The Center for Experiential Learning



MEDICINE of THE HIGHEST ORDER

*A retreat-like workshop* designed to improve the quality of care that clinicians provide while improving their own resilience and well-being. It offers an experiential learning environment, with a focus on developing the capacity for self-awareness in stressful and demanding situations.

*Designed for medical practitioners* (physicians, NP's PA's) and others involved in medical practice and education. No prior experience is required, however, experience with meditation or other contemplative practices is desirable.

*Session themes* include communication with patients/families, responding to suffering, difficult decisions, errors, professionalism, medical education, compassion, self-care, resilience and burnout.

Course Directors: Ronald Epstein, MD & Mick Krasner, MD

## Mindful Practice: Quality of Care, Quality of Caring and Resilience

### WHEN

Wednesday, October 14, 2015 3:00 PM - Saturday, October 17, 2015 2:30 PM

### WHERE

Chapin Mill Retreat Center  
8603 Seven Springs Road, Batavia, New York 14020

[Additional Program Details and Online Registration](#)